The Queenslander

ESA International Qld State Council & Branches Inc



"Knowledge & Wisdom are our Strengths for the Future."

September 2025 Vol 59 Issue 4

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A note from your editor:

Welcome to the September Queenslander.

There is Half Yearly info at the end of this Newsletter for you all.

Thanks

Annette Wisnewski

Newsletter Editor and Correspondence Secretary (Alpha Rho)



Queensland State President's Report

I hope this report finds you well.

Spring is upon us—a time of renewal and growth, marked by blooming flowers, the awakening of animals from hibernation, nesting and reproduction, the migration of birds to warmer climates, and the beginning of the planting season. It's a beautiful reminder that fresh starts are all around us.

By the time you receive this newsletter, I will have spent a few days in Rockhampton. While there, I had the pleasure of meeting with Natasha at the Regent Hotel, and together we were able to finalise the details for our upcoming Half-Yearly Meeting.

I'm grateful for Natasha's support and professionalism in helping us bring everything together.

Half-Yearly Meeting - Registration & Meal Details

Attached to this newsletter is the registration form for our upcoming Half-Yearly Meeting.

Key Dates:

- Registration forms are to be returned by 14th October 2025.
- Lunch payments must be submitted at the same time as your registration.

Meal Information:

- Saturday & Sunday Lunch: \$26.00 per person, per day. This cost is to be paid with your registration form.
- Friday & Saturday Dinners: A dinner menu is also attached. You may choose your own
 meal for both nights and record your selections directly on the registration form.

Payment Details:

- Lunch payments are collected with registration.
- Dinner costs will be paid directly to the hotel at the end of the weekend.

Appreciate your timely response and look forward to a wonderful weekend of connection, conversation, and community in Rockhampton!

If you haven't had a chance to explore our new Australian ESA website <u>www.esaaustralia.org.au</u>, I encourage you to take a look before our upcoming Half-Yearly Meeting.

The website offers:

- A fresh, user-friendly design
- Key dates and event details
- Resources and updates for members
- Opportunities to connect and contribute

The other topics for discussion during weekend will be the **new ESA Australia logo**. This is a wonderful opportunity for all branches to contribute their ideas and perspectives as we shape the visual identity of our organisation moving forward.

Encourage each branch to:

- Hold a brief discussion about the proposed logo concept.
- Share any thoughts, suggestions, or feedback—whether it's about colours, symbolism, or overall design.
- Submit your feedback to Lyn or Leone in the coming week so they can compile responses ahead of the next planning stage.

Look forward to hearing your thoughts and feedback at the Half-Yearly Meeting, regarding the website and logo. Your insights will help us continue to grow and serve our community with purpose and heart.

Art Union Tickets

Don't forget to keep selling those **Art Union Tickets**! If your branch needs more, please contact **Judy Johnson**, who can send additional books your way.

I'm sure all branches have been kept busy over the past month with their own meetings, fundraising efforts, and social events. It's wonderful to see such energy and commitment across our ESA community.

Recently, I had the pleasure—along with Judy Johnson and Daphne Neilsen—of attending the **Annual General Meeting of the local Red Cross branch**. It was a meaningful opportunity to connect with fellow service-minded individuals and celebrate the shared values that unite our organisations.

Until Next Month...

I look forward to hearing from all branches about your recent events, activities, and community contributions. Your stories continue to inspire and strengthen our ESA family.

Take care, stay safe, and remember—





JONQUIL REPORT

Welcome to Spring everyone and I don't know about you, but I can't believe it's September already this year really seems to have flown by. Hope you're all well and enjoying this beautiful weather.

SEPTEMBER BIRTHDAYS

Carroll Coats	3rd	Redcliffe
Judy Baldry	11th	GinGin
Bev Pelling	15th	GinGin
Ellen Haydon	17th	GinGin
Elizabeth Von Dohren	21st	Redcliffe
Sonia Grevell	29th	Proserpine

Wishing you all the happiest of birthdays 👑 🗳 😊

Sheila Email (<u>thegrove49@gmail.com</u>) ESA Australia Jonquil



NCWQ News

NCWQ Bursary Program

With the 2025 NCWQ bursary program wrapped up, we can pause to celebrate another great year, with the outstanding recipients once again spurring us on to do it all again.

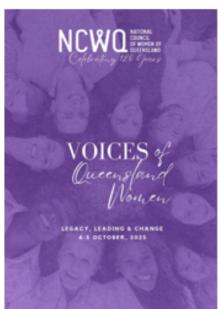
The presentation at Women's College, followed by afternoon tea, proved to be a successful format, with lots of positive feedback. We plan to continue this for the presentation next year. And yes, initial planning for next year's program is already underway.

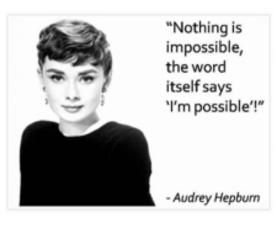
Conference

The NCWQ conference is being held over the long weekend, to celebrate the 120 year anniversary. The day sessions are at QUT and dinner at Kedron Wavell. More details to book are at:

https://events.humanitix.com/ncwq-conferenceand-celebration-dinner

The AGM will be held at the conclusion of the conference on Sunday 5th October. My nomination had been seconded by <u>ESA</u> and I have agreed to continue to <u>manager</u> the bursary program if I am re-elected.





Until next month Regards

Kathy

Kathy Cavanagh AM

Branch Report

ALPHA EPSILON

This month we decided to meet at The Palace Hotel for our changeover. Due to the fact all are remaining in the same positions it was a celebration of our year's work. All ordered lunch from loaded wedges, Paramania chicken, crumbed Steak to barbecue chicken which everyone enjoyed. Sadly, it was the last exchange of our Secret Sister Gifts. This practice which has died out over due to lack of interest was something that I loved when I first joined as it signified the true sisterhood of ESA where someone cared for another anonymously helping and supporting each other. This year due to small numbers and members not being in the same area it was deemed to be both expensive and not worthwhile to continue. So, we exchanged our gifts with much laughter and pleasure. Such a shame.







Alpha Rho

Hi everyone, we are getting organised to start the gift wrapping at Caneland Shopping Centre soon and for Half Yearly.

We are currently doing our normal stuff, helping out at Bunnings for Halloween, meat raffles and sausage sizzles, we are going to meet up with the girls at the Proserpine branch for a social get together. We are also attending a lot of events as representatives, like BMA CQ Rescue, Annual General Meetings at various other charities. We have something that is in the works that is going to be big news and really, I think a game changer for volunteers (but more on that later, hush hush for now).

We have also been selling lots and lots of raffle tickets, if not in our Art Union but also in the Car that Pioneer Motors is giving away.

Sorry that is all I have for now need to get this off to you all.

Annette

Alpha Rho

Beta Delta

Membership

We remain a couple of members short before we can complete our Constitution and apply for a bank account. Do keep us in mind if you know anyone who may be interested in joining us. We generally meet on the 2nd and 4th Wednesdays of each month through Zoom, so lots of flexibility for potential members. Please contact President Marilyn Provians <u>jimnmand@bigpond.net.au</u> or myself <u>cavsav@bigpond.net.au</u> for further information.

Philanthropic News

Our take on philanthropic activities is a little different, but thanks to Val and Jack Files for selling art union tickets at various locations.

Marilyn's group at her residential village have been making bags for the new preppies at the local school at Beachmere. Suitable as a library bag, a draw-string enables them to be carried as a backpack. Another creative supporter includes a small teddybear in each.

Education

ESA Patron, Bev Mirolo OAM joined us for our August Education meeting. Her journey from when she received an ESA Canacer Fund Scholarship is amazing, allowing her to build on the work she had already achieved in setting up the bone marrow transplant unit. She has left a lasting legacy This availability of speakers truly capitalises the advantages of technology! And of course you can join us too, just let me know at cavsav@bigpond.net.au and I will send you the link.

Yours in ESA

Kathy

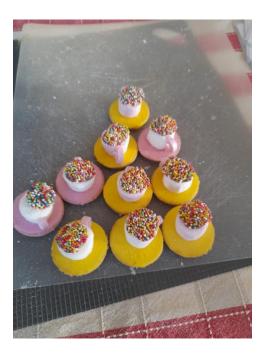
Kathy Cavanagh AM Secretary, Beta Delta

Beta Epsilon

Members made "Tea Cup" biscuits for giveaway promotion of Beta Epsilon's 50th birthday. They were made from 'tic tok' biscuits, marshmallows, musk life. Savory sweets and Speckle sweets. They were then assembled and will be given away when they sell their Art Union tickets.

The moving of their filing cabinet which has stored much of their records to its new home at the Golf Club was the inspiration for this social. Members gathered and sorted through 50 years of scrapbooks were inspected and reminisced over; unnecessary correspondence and other stored items were removed

The first scrapbook from 1975 was inspected and will be displayed at their 50th anniversary dinner in December.





Hi again from Beta Epsilon,

Well, we hope you're looking forward to the warmer weather as Spring is upon us. Those cold spells were a bit hard to take anyway. There's so much going on for our branch sisters as we leave July and August and head into September and look forward to the remainder of this year, disappearing quickly as it is.

Rae and Dave have survived the Ghan and finished their train journey in Darwin, meeting Rae's brother for his 75th birthday. With the cold weather in Adelaide especially at Hahndorf they were pleased to eventually reach Darwin and experience the warmer northern winter. They really are true Queenslanders!

Judy and husband Jeff travelled 5000 kilometres in five weeks to be with family, as they went as far north as Palm Cove, out to the western interior at Richmond and down to Longreach and south to Toowoomba, finally returning home.



Judy and husband, Jeff with family.

Carolyn and Ian enjoyed the cold weather in a recent visit to take in the scenery and friendliness of the townsfolk in some of the places in the Scenic Rim. Michael and Ellen are looking forward to a trip to Brisbane to see their granddaughter perform in the gymnastics state titles. Sharyn's husband, John is completing the Variety Bash from St George to finish at Port Macquarie via Adelaide. Sounds like a bit of a lengthy detour!

Our president Barb volunteered to be an announcer on the local radio station one morning a week. So we think "Barbie's Breakfast Show" could be very popular with the locals. We're looking forward to our 50th birthday celebration dinner at the local bowls club in December and plans are in hand to organise the guest list and invite past members to join us. Girls Night In is just around the corner in October..... so it's all happening in Gin Gin.

Hope you are keeping well and we wish you a happy month.

Marg for Beta Epsilon

2025 Half Yearly Information



You are invited to join

Alpha Rho Members

On: Friday Night 31st October

For: Pre Dinner Dinks in Fernando's Bar & Café

At: 5.30pm



With Dinner being served

In: The Marquies Hall

At: 6.30pm





ENTREES

GARLIC BREAD

\$7

LOADED GARLIC BREAD

With cheese and bacon

\$9

CRUMBED CALAMARI Served with

tartare sauce, lemon and a garnish salad \$15

CHICKEN PIECES

Served with mayonnaise and a garnish salad

SALAD

THAI STYLE BEEF SALAD

200g rib fillet, mixed leaf salad , tomato, cucumber, onion, bean sprouts, carrot, basil, coriander with a chilli/lime sauce \$25

EGGPLANT PARMY

Crumbed eggplant, cheese, Italian style salsa, served with chips and salad \$22

PRAWN COCKTAIL

Served with lettuce, cocktail sauce, and lemon \$20

PASTAS

MARRY ME CHICKEN PASTA

With chicken, sundried tomato, parmesan, cream \$28

CHILI PRAWN PASTA

Prawns, cherry tomatoes, onion, tomato, cream, parmeasan cheese. Available mild, medium or hot \$35



CHEF'S WEEKLY SPECIALS

PLEASE ASK OUR STAFF ABOUT THIS WEEK'S SPECIAL



Dinner Menu

Monday - Saturday 6PM - 9PM

\$38

\$37



LAMB RUMP

With pumkin mash, seasonal vegetables & mint gravy

BAKED BARRAMUNDI

With leek fondue & sweet potato \$34

BAKED SKIN-OFF SALMON

With mash potato, broccolini & bernaise sauce

GRILLED CHICKEN

Wrapped in prosciutto, with cheese, salsa, talian dressing, served with fried rice \$36

FERNANDO'S SRI LANKAN CHICKEN CURRY

With rice, red lentills and spinach salad \$35

RIB FILLET 300 G

With chips, salad & your choice of sauce \$46

T BONE 350G

With chips, salad & your choice of sauce \$42

SAUCES:

Gravy, pepper, mushroom or diane Extra sauce -\$5

MIXED GRILL

200g rib fillet, bacon, lamb loin chop, chipolatas, grilled tomato, Fried Egg and Hash Browns. \$49

REEF & BEEF

300g rib fillet, prawns in Garlic Sauce. With Chips & Salad. \$51

Changes or additional Sides - \$7 Each. Mash, Pumpkin Mash, Veges, Salad, Chips, Sweet Potato chips.



DESSERTS \$45

Cheesecake of the Week

Apple & Rhubarb Cake

Lemon Meringue Tart

Sticky Date Pudding

Affogato · Add liquor \$12

Served with whipped cream or ice cream

From Your State Workshop Coordinator

Hello Elected and Appointed Officers

By now I hope all of you have received an email on 20.08.2025 from me requesting your reports for the Half Yearly Workshop Booklet. This is just a reminder to have your reports emailed to me no later than **1**st **October**.

Reports can be emailed to me at: cheza234@outlook.com

Thank You

Cheryl Fritz

State Workshop Coordinator

ESA International Qld State Council & Branches Inc. - Half Yearly Conference Quality Hotel Regent; 192 Bolsover Street; Rockhampton Qld 4700 Phone 07 4927 2729

SATURDAY 1st November and SUNDAY 2nd November 2025

NAME:	BRAN	СН:					
ADDRESS:							
PHONE: (H)(M)							
DELEGATE	Yes/No OBSERVERYes/No						
Meals	Cost	Any special dietary requirements					
<u>Saturday</u> – 1st Nov.	Per Head						
Lunch	\$ 26.00 x						
<u>Sunday</u> – 2 nd Nov							
Lunch	\$ 26.00 x						
Total cost of meals	\$						
	and Sunday morning tea will be						
provided complim	entary by Alpha Rho						
REGISTRATION by 1	3th October 2025 & MEALS MONEY	TO BE PAID BY 13th October 2025					
Direct Deposit: ESA International Alpha Rho Mackay Branch Inc. ANZ - BSB: 014-023 / Account #: 6458-50889							
	TRAVEL PLANS						
ARRIVAL		V					
I will arrive in Rockhampton on Friday 31st Oct. or Saturday 1st Nov by bus							
	A.M. or						
Do you need to be picked up and transported to Quality Hotel Regent? YESNO							
DEPARTURE	umpton on Sunday 2 nd Nov						
-							
by bus							
Contracts:							
Judy Jesshope – Alpha Rho Mackay – Phone: Mobile – 0412 795 783 Email: alpharhomky@bigpond.com							

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I will be attending Friday Night Dinner:	Yes	No
Meal I would like:		
Friday Dinner:		
Total to the first Control of the Dissert	37	N
I will be attending Saturday Night Dinner:	Yes	No
Meal I would like:		
Saturday Dinner:		

Directions: Quality Hotel Regent 192 Bolsover Street -

Phone: 07 4927 2729

From Brisbane/Gin Gin

Travel along Bruce Highway (George Street) turn right into Denham Street travel down to traffic lights corner of Denham & Bolsover Streets turn right. Quality Hotel Regent is just on the right side.

Form Mackay:

Travel over the Fitzroy Street Bridge through the traffic light at East Street just off the bridge. Next set of traffic light is Bolsover Street turn left on the slip lane, down to the traffic light on Denham Street through the lights and Quality Hotel Regent is just on the right.



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